

# Teaching educational lessons through heroes in fairy tales: the harmony of the internal world and external appearance

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**Abstract:** This article explores the role of fairy tales in imparting educational and moral lessons. In particular, it emphasizes the harmony between a character's inner world and outer appearance, which contributes to their personal development and moral transformation. Through fairy tales, young generations are taught values such as kindness, honesty, love, and righteousness, while also learning the importance of the alignment between inner qualities and external looks. Examples from fairy tales highlight the educational significance of this concept.

**Keywords:** Educational lessons, inner world, outer appearance, moral values, personal development, youth education.

Introduction: Historically, fairy tales are considered one of the oldest and most powerful educational tools of mankind. They encourage the development of spiritual values, moral qualities and correct behavior in young people. Fairy tales mainly emphasize the harmony of the inner world and the external world, and show the personal changes of the characters. In this, the younger generation is given important lessons on how to be a good person, not to stray from the right path and to grow morally.

Teaching educational lessons through characters in fairy tales is a useful way to teach children and young people important moral and spiritual values. In each fairy tale, educational lessons are given through the unique characteristics and actions of the characters. These lessons often include values such as black and white, right and wrong, good and evil, self-control, honesty, integrity, hard work, sincerity, courage, and justice. For example, in some fairy tales, the heroes show their courage and loyalty, fight against evil, and ultimately succeed. In other fairy tales, the hero solves problems and achieves his goal through his hard work, honesty, and patience. Through these stories, children

are taught values such as doing good, avoiding evil, telling the truth, working hard, and constantly improving themselves.

Also, the heroes in fairy tales often make mistakes, and through these mistakes they learn to correct their mistakes, apologize, and improve themselves. This educational process teaches children to understand their mistakes, learn not to repeat these mistakes, and analyze themselves.

Also, the educational teachings provided through fairy tales contribute greatly to the spiritual and moral development of children and young people. Through the characters in fairy tales, young people learn to make the right decisions in their lives and to respect moral values.

Characteristics of fairy tales: Fairy tales present spiritual and moral lessons in an interesting and simple way. Their main characteristics: they are usually written in simple, understandable and open language, aimed at a wide audience. In many cases, fairy tales contain magic, miracles and fantastic elements, which attract readers and help them concentrate. Fairy tales are not only a reflected fantasy world, but also have

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real educational content that leads to changes and development.

Harmony of the inner world and the outer world: The theme of harmony of the inner world and the outer world is one of the important themes in fairy tales. In the classic French fairy tale "Beauty and the Beast" ("La Belle et la Bête"), the appearance of the creature reminds of fear and evil, but the goodness and love in its inner world are later realized by the Beauty. This work teaches the reader that appearance is temporary and changeable, and that true beauty resides in the qualities of the heart.

Harmony between appearance and inner world: Another example that shows the harmony between appearance and inner world is the fairy tale "The Snow Maiden". In the fairy tale, the main character - the Snow Maiden - is an example of honesty and happiness. The goodness in her inner world also makes her appearance beautiful. This fairy tale encourages young people to purify their inner world, that is, to improve their qualities. It also teaches the importance of harmony between the inner world and outer world.

Moral lessons through fairy tales: Fairy tales are a powerful tool for teaching moral lessons, in which moral qualities and correct behavior can be learned through the characters. For example, in the classic English fairy tale "Beauty and the Beast", the evil character begins to change in his inner world, and this change also changes his appearance. Through fairy tales, young people are taught to appreciate good over evil, to develop patience, honesty and love.

The role of fairy tales in educating young people: The role of fairy tales in educating young people is very great. Fairy tales, first of all, teach children moral values, to distinguish between right and wrong, good and evil. By reading fairy tales, young people understand the harmony between the inner world and the external world. This teaches them to appreciate true beauty, love, honesty and truth. They expand the imagination of young people and show how to act in different situations in life. The educational properties of fairy tales prepare young people to make the right behavior and moral decisions. In fairy tales, heroes achieve success through their hard work, courage, loyalty and compassion, thereby teaching children and young people important qualities such as hard work, friendship and honesty.

Fairy tales also help not only with moral education, but also with children's success in school, developing social skills and broadening their worldview. Through the storytelling style of fairy tales, the events and characters in them, young people learn to look at life positively and understand how they behave in different

situations. Therefore, fairy tales are an effective tool not only in the educational process, but also in raising young people.

#### **CONCLUSION**

Educational lessons given through fairy tales help young people develop morally and spiritually. Fairy tales encourage them to understand the harmony between the inner world and the outer world, to appreciate goodness, and to realize their true beauty. Fairy tales call not only young people, but all people to live on the basis of such human qualities as kindness, loyalty, and honesty. Teaching educational lessons through heroes in fairy tales, especially the issue of the harmony of the inner world and the outer world, shows that the true beauty and dignity of a person depend not only on their appearance, but also on their inner world. Fairy tale heroes often achieve their goals through their inner qualities, regardless of their appearance. Through this, the younger generation is taught lessons about the true beauty of a person, spiritual elevation, and the importance of self-development. Thus, with the help of fairy tales, attention is paid to the harmony between the inner and outer world, encouraging each person to develop his inner world and moral qualities.

The article shows the importance of teaching educational lessons through heroes in fairy tales and their role in educational processes. Fairy tales not only create an interesting and unique world for children, but also have a great impact on their moral and spiritual development. Heroes form moral standards and common sense in children through the harmony between the inner world and the outer appearance.

The harmony of the inner world of heroes, that is, their character, feelings, values and goals, with their appearance is one of the main principles of the educational process. If the inner world of the hero is in harmony with his appearance, this will be a good example for children on how to behave in life and choose the right moral paths. On the contrary, the imbalance between the inner world and the outer world, that is, the glorification of the bad behavior and appearance of the characters, can arouse negative perceptions in children.

The differences between male and female characters and the conflicting situations between them are also used to effectively convey educational lessons. In fairy tales, the contrast between the characters and their transformation processes (for example, the villain does good deeds) help children understand the differences between right and wrong behavior. Thus, fairy tales, in particular, through their characters, serve as an effective tool for teaching children values such as morality, upbringing, responsibility, honesty and hard

### American Journal Of Philological Sciences (ISSN - 2771-2273)

work.

In conclusion, it can be said that fairy tales teach children educational lessons, the harmony between the inner world and the appearance of the characters is manifested. This helps children understand moral concepts and choose their own path in life. Through the transformations and contradictions of fairy tale characters, a useful and interesting way of teaching children is created, which helps their personal development.

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